

# Third Grade Lesson 4

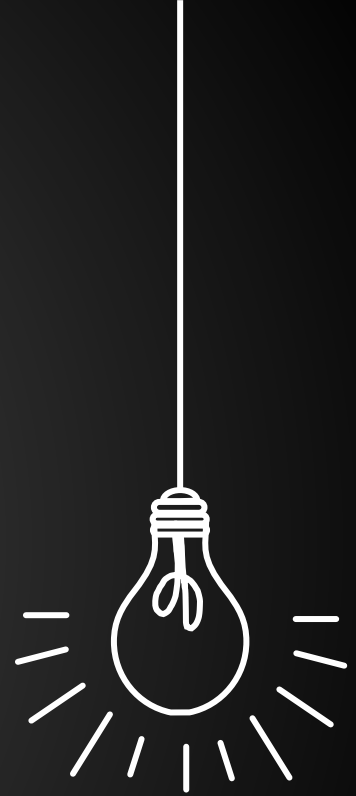
By Ashley Mehale  
and Celeste Magluilo





**Objective:**

**After participating in a recap discussion of hope creators and hope crushers students will respond to the question, “Do you believe that someone can add force and direction to our lives by making a poster, Padlet, or Flipgrid.**

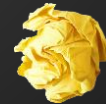


# To Motivate You...



Watch this [Youtube Video](#) called, *Color Your World*.

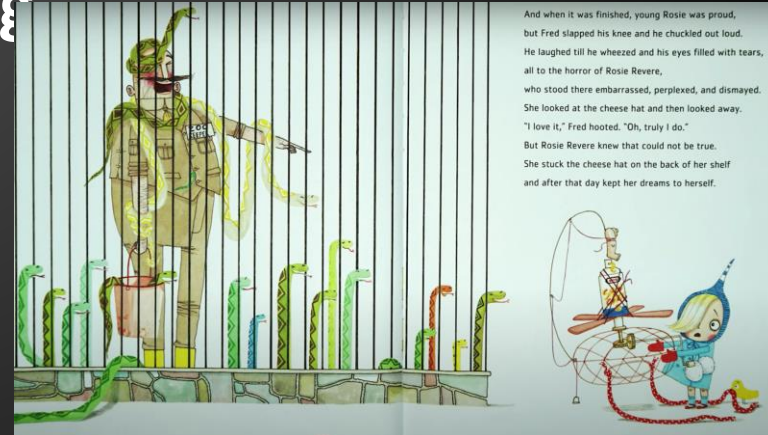
How does being kind make us feel?



**A hope creator is...  
Someone who believes in you. They  
are kind and positive even if you  
fail.**



A hope crusher is...  
Someone who does not believe in you  
and what you are capable of doing



# Review of Relating Hope Creators/Crushers to Science:

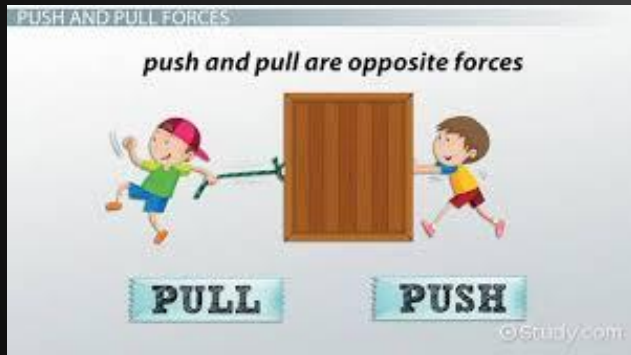
Hope Creators = Force

Hope Crushers = Gravity and Friction

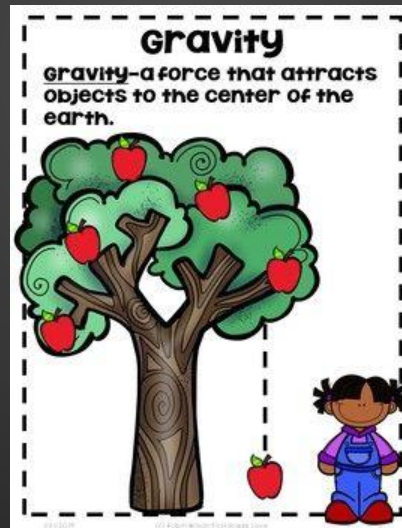


# Defining Science Terms:

## FORCE



## GRAVITY



## FRICION



What we want you to know...



The idea of force and motion in science relates to the idea of force and motion of our beliefs in life.







# How does this relate?

## Here are some examples:

Ms. Mehale- I think the idea of force and motion affects beliefs in my life because I have had people who tried to push or pull me in the direction that I did not agree with. These are like gravity and friction. However, I kindly said, "I do not agree with you. I am going to do what is best for myself." My belief is my force. Do not let anyone **push or pull** you to do something you don't agree with! I will not let gravity and force get in my way!

Ms. Magluilo-  
Force and motion affect my beliefs because I think that someone being kind to me makes me want to be kinder. Being kind brightens our world!



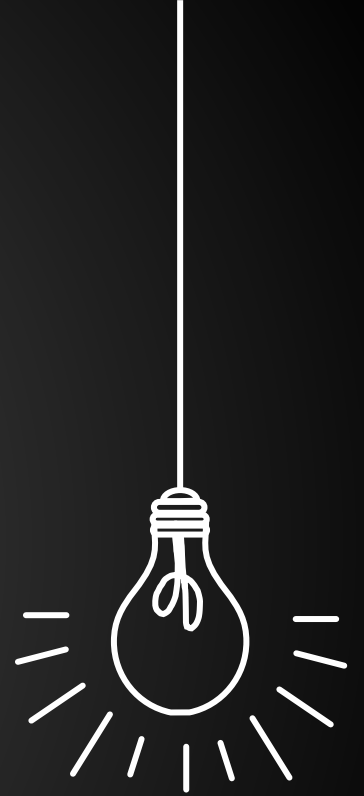
DISCUSS WITH A PARENT:



HOW DOES THE IDEA OF FORCE  
AND MOTION AFFECT YOUR  
BELIEFS IN LIFE?



**Do you believe that  
someone can add  
force and direction  
to our lives?**



# It's time to create!



We want you to be inventors by being a Hope Creator in this world. Tell us what forces and actions you could take to be a Hope Creator? You may use your positive self-talk statement that you made in the previous lesson to create a POSTER. You can draw a poster, use Google Slides, Padlet, or you can talk about your self-talk statement through Flipgrid.



## Be sure to include:

- Your answer to the question: “Do you believe that someone can add force and direction to our lives? How? Why?”
- Your self-talk statement
- Images/Pictures of how you would use your self-talk statement
- If you are using Flipgrid, make sure you explain how you would use your self-talk statement if someone was affecting the force and direction of your life to try to crush your hope.



# Poster Example:

DO YOU BELIEVE THAT SOMEONE CAN ADD  
FORCE AND DIRECTION TO OUR LIVES?

**YES**

**SELF TALK STATEMENT:  
GET BACK UP AGAIN!  
I CAN USE MY FORCE TO GET  
BACK UP AGAIN WHEN  
SOMEONE IS A HOPE  
CRUSHER TO ME**

