Third Grade Lesson 2

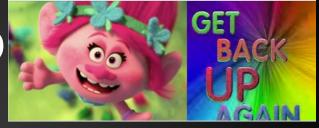
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Objective:

After participating in a Padlet review of the main characters in Rosie Revere Engineer by Andrea Beaty, completing a Compare/Contrast graphic organizer through the lens of Hope Creators and Hope Crushers for at least five of the characters from the video, Get Back Up Again, and having discussions with family members about Hope Creators and Hope Crushers, students will successfully identify themselves as Hope Creators by creating a "Self Talk" Statement for their personal use.

Please watch the video Watch Get Back Up Again" a clip from the movie Trolls. Please click on the words "Get Back Up Again" or click on the picture in the corner! It will take you to the song. Notice what the character Poppy says when she falls down.





Discussion and Padlet Activity

Students will click on the <u>Padlet activity</u> here to respond to four questions, as well as watch a short video clip about hope. Students will be able to connect the idea of hope to the story *Rosie Revere, Engineer*.

QUESTIONS TO THINK ABOUT:

- 1) Write or talk about a time when you were successful. Who supported you? How?
- 2) Talk about a time you thought of yourself as a failure? Did anyone crush your hope? How?
- 3) Are you a *Hope Creator* or a *Hope Crusher* for yourself?
- 4) Can you think of another word for "Hope"?



A hope creator is... someone who believes in you. They are kind and positive even if you fall short of your goal.



A hope crusher is... someone who does not believe in you and what you are capable of doing.





Discuss with a parent:

HAVE THERE BEEN HOPE CRUSHERS IN YOUR LIFE?





Discuss:

What did the little girl in the song say to keep going? What is her positive self talk?

WITH A PARENT...

CAN YOU CREATE A POSITIVE SELF TALK STATEMENT TO USE WHEN SOMEONE BRINGS YOU DOWN? Examples are on the not slide!

EXAMPLES OF POSITIVE SELF TALK:

I ALWAYS GET UP.
I CAN DO THIS.
YOU CAN'T STOP ME.



