

# Third Grade Lesson 3

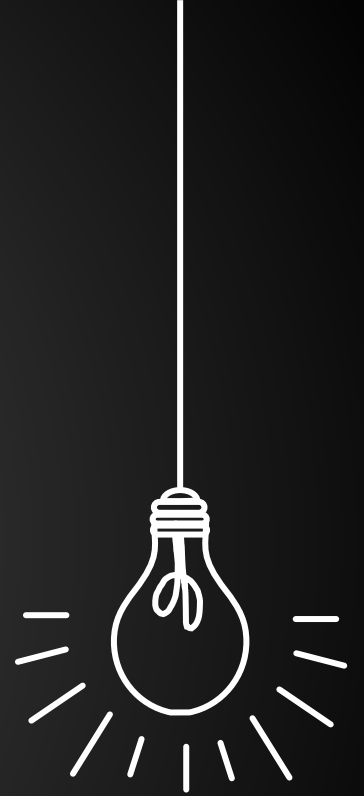
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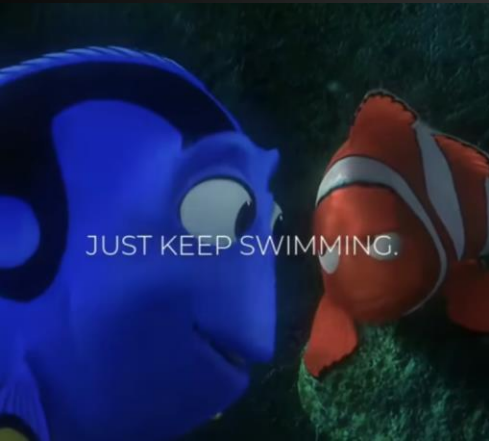
# Objective:

After active participation in a recap discussion about positive self-talk statements, students will explore forces and motion aligning the scientific concepts to the Push/Pull impacts of Hope Creators/ Hope Crushers. Understanding of this alignment will be assessed through students' cartoon drawing of superheroes where hope crushers are related to gravity and friction and hope creators are related to force.



Watch this [youtube video](#).

Discuss with a parent **all** of the positive self-talk statements you have heard.





# Thinglink

Open the [Thinglink\\*](#). Then click on the red buttons to view the videos and websites to learn about forces and motion.

*\*Thinglink is an education technology platform that is easy to use, linking images, videos, and virtual tours with additional information.*



Please click on this [video](#)  
to learn about forces and  
motion.

In the video you just watched, Sam said, “It’s not force I need. It’s skills. I’m just not so great at soccer.”

Turn Sam’s statement into a positive self-talk statement. Share it with a parent.



# An Example Could Be:

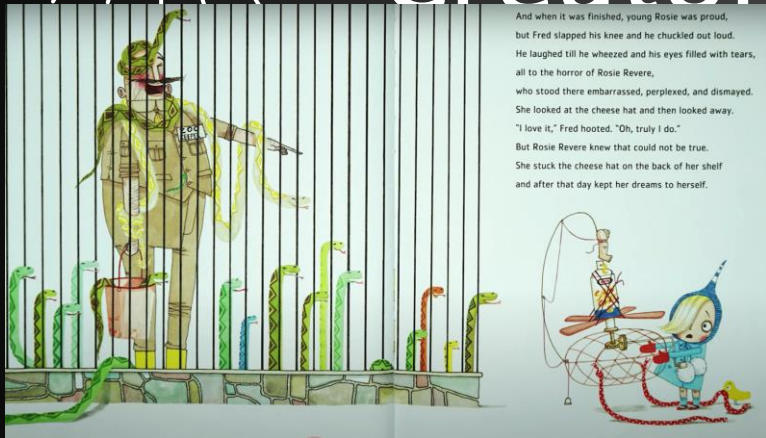
I am trying my best to improve at playing soccer. I am learning new skills each day.



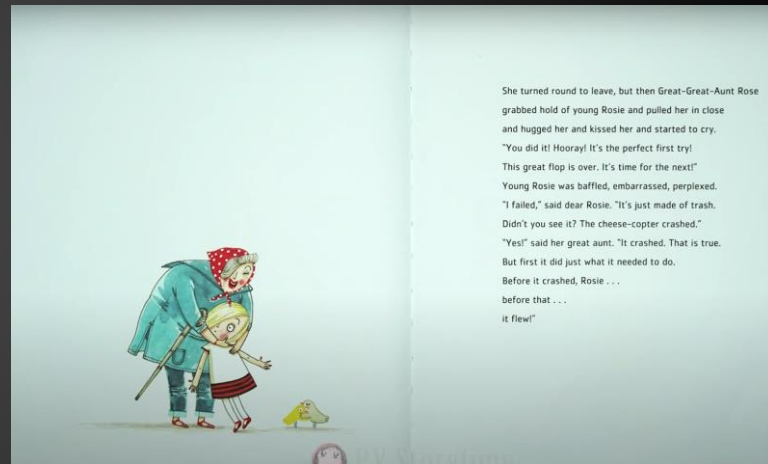




# Hope Crushers Vs. Hope Creators



Rosie's uncle laughed at her invention. He is a hope crusher.



Rosie's aunt supports her invention. She is a hope creator.



## How can we relate Science to what we have been talking about in regards to Hope Crushers and Hope Creators?

Hope Crushers can PULL you into thinking you are not good enough. Hope Crushers can PULL you away from your dreams.

Is there anything else they can PULL you away from?

Hope Creators can PUSH you to be your very best self. Hope Creators can PUSH you to follow and achieve your goals/dreams.

What else can Hope Creators PUSH you to do?



# Create a Cartoon

It's time to have fun!

Create a superhero cartoon where the Hope Crushers represent gravity and friction. Hope Creators represent force!

You get to name them!

